

BT CBT & NLP



Psychogenesis Research Foundation



PSYCHOGENESIS RESEARCH FOUNDATION

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SYLLABUS OF

Certificate in Psychotherapy and Neuro Linguistic Programming

SUBJECTS:

01 – Behaviour Therapy (BT)	(100)
02 – Cognitive Behaviour Therapy (CBT)	(100)
03 – Neuro Linguistic Programming (NLP)	(100)

FIRST PAPER

- A. Basic Concept of Behaviour
- B. Basic concept of BT
- B. Methods of BT
- C. Application based workshop

SECOND PAPER

- A. Basic concept of CBT
- B. Difference between BT and CBT
- C. Methods of CBT
- D. Application based workshop

THIRD PAPER

- A. Basic concept of NLP
- B. Clinical based Methods
- C. Application based workshop

- **Course Duration** : 5 months
 - **Each exam** is (question paper based) 50 marks. Your score will be converted into 100.
 - **No of Exam** : 1st. Assessment and 2nd ,Final
 - **ASSESSMENT EXAM** – based on *two months coverage of syllabus.*
 - **FINAL EXAM** – based on entire syllabus.
 - **80%** attendance is expected
- N.B. : After final exam we provide Marks-Sheet and Certificate for pass-out students.

For any Educational or Course oriented enquiry please speak to 923100080
(Reception/11 am to 5 pm) /9432544404.