# Fundamental Psychology & Applied Counselling



Psychogenesis Research Foundation

# PSYCHOGENESIS RESEARCH FOUNDATION SPLIT SYLLABUS

Course name: FUNDAMENTL PSYCHOLOGY & APPLIED COUNSELLING & BODY LANGUAGE.

**Duration of The Course: FIVE Months (50 HOURS).** 

Total Marks: 300

### Subject 01 - Basic Psychology & Counselling (Theories - 100)

- 1. AETIOLOGY
- 2. SYMTOMATOLOGY
- 3. OUTLINE OF A COUNSELLOR
- 4. CASE HISTORY RECORDING
- 5. DEFENSE MECHANISM
- 6. PSYCOLOGICAL COUNSELLING
- 7. COUNSAELLING METHODS & TECHNIQUE

(From Etiology To Counselling Methods & Techniques (i.e. 1 to 7) are included into Syllabus)

8. PRESCRIPTION WRITING

DREAM ANALYSIS

**BODY-LANGUAGE** 

( Not included into the Examination)

( Each class and practical session based on)

PERSONALITY DEVELOPMENT SOFT-SKILL DEVELOPMENT

# Subject-02 Applied Counselling (Written Practical - 100)

- 1. Counselling Methods And Techniques
- 2. Case History Fill Up And Recording
- 3. Definition and Brief description of all disorders' from Terminology Pages.

# Subject-03 Applied Counselling (Interactive Practical Session – 100)

- Application of Influencing Techniques of Counselling
- Practice of Counselling (Child /Adolescent / Geriatric)
- Case Study And Case History Analysis
- Seminar/Discussion Session/workshop
- **Course Duration**: 5 months
- Each exam (question paper based on) 50 marks. Your score will be converted into 100.
- No of Exam: 1st Assessment and 2nd Final
- **ASSESSMENT EXAM** based on 1 to 2 Pages of Terminology + Qualities & Qualification of a Counsellor + Methods of Counselling
- **FINAL EXAM** based on entire syllabus.
- \*\*In final, External (Psychologist from other institution) will evaluate the student for Interactive Practical Session.
- N.B.: After final exam we provide Marks-Sheet and Certificate for pass-out students.

For any Educational or Course oriented enquiry please speak to 9231000080 (Reception 11am to 5 pm). 9432544404 (10 am to 10 pm)